

Katrina Gibbons-Marshall [MA/PgD L7, MBACP]

My name is Katrina and I am a fully qualified counsellor and psychotherapist. I have two children, three step children and a foster son in the Philippines. I live in a very small village, near Baldock, in a tiny bungalow. It is a great place to wander and explore with our family dog, Otis. Family life is noisy and busy, but I don't think I would have it any other way. I am also a massive Star Wars and Harry Potter fan and can be found sometimes, playing Minecraft with my son.

I have always been interested in mental health from a young age, as my sister suffered with anorexia. Growing up we travelled a lot, due to my father's work, which meant my sisters and I went to many different schools, in various countries.

Over the years I have remained in education, moving between primary and secondary. In doing so, I was able to see how important children's mental health needs are, as well as how important it is for children and teens to have a safe place to go and talk to someone other than family and friends.

I am also the key counsellor for Hertfordshire Adoption service, mentor for trainee counsellors and a mental health adviser for children, adolescents and families in Hertfordshire. I have over a decade of experience in mental health, education and family work.

[Counsellor Katrina Gibbons-Marshall, Stotfold SG5 & Baldock SG7 - Counselling Directory \(counselling-directory.org.uk\)](#)